Primary Care Management of the Adult & Aged II  
NUR 837  
3 Credits  
Hybrid Course  
Fall 2011

Course Description: Health care management of the adult and aged individual with stable chronic, co-morbid, complex problems and geriatric syndromes utilizing clinically relevant research and evidence-based, age appropriate, guidelines. Planning and implementing therapeutic interventions to return the patient to the stable state and to optimize health minimizing physical and psychological complications and maximizing health potential. Integration and synthesis of relevant theories and frameworks. Coordination of care.

Course Objectives: At the end of this semester, students will be able to:
1. Examine the principles of clinical management of diverse adult and aged individuals who present with stable chronic, co-morbid conditions or geriatric syndromes.
2. Develop an evaluation and non-pharmacological management plan for anxious, depressed, demented or delirious individuals.
3. Interpret relationships between social, spiritual, cultural, political and economic issues and health care delivery for aging individuals and their families.
4. Adapts interventions to meet the complex needs of frail elders arising from normal changes of aging, multiple system problems, psychosocialspiritual, and financial issues.
5. Analyze appropriate models and frameworks applicable to care of adults and the aged with chronic complex problems and geriatric syndromes.
6. Apply relevant adult and aging conceptual and theoretical frameworks.
7. Analyze the impact of transitions in autonomy, relationships, and residence on the health/illness of older adults.
8. Evaluate the standards of practice and outcomes identified by contemporary health care delivery systems for chronic, co-morbid conditions and geriatric syndromes.
9. Evaluate established protocols for stable chronic and/or multi complex health conditions encountered in health care.
10. Describe practice issues and/or areas which need further research.

Prerequisites: NUR 815, NUR 835, NUR 836

Professional Standards & Guidelines:

The curriculum is guided by the following documents:
Course Faculty: Kathy Dontje, PhD, FNP-BC

Contact Dr. Dontje for questions regarding the course or on-campus lectures

Contact: 517-432-0023
dontje@msu.edu
Office Hours: Thursdays – arranged

Faculty: Linda Keilman, DNP, GNP-BC

Contact Dr. Keilman if you have questions about the adult/gerontology on-line content

Contact: Office: A 126 Life Sciences
Phone: 517/355-3365 or Toll Free #: 1/800/605-6424
E-mail: keilman@msu.edu
Office Hours: Arranged

Note: times can be arranged to accommodate student & faculty schedules

Required Texts from NUR 836 (fall semester):


Required Resources, References, Supplies:

- ANGEL Help Line
  1/800/500-1554 (24 hrs, 7 days/week)
  517/355-2345 (24 hrs, 7 days/week)
  www.angel.msu.edu
  Always check the ANGEL Help Line 1st!


Learning Methodologies

This course is taught in a Hybrid format, with the majority of the content being online. As adult learners, it is expected that students will do relevant reading and study prior to class on the topic areas identified and be prepared to participate in online/on-campus activities each week. Faculty directed readings and web links may be provided for specific content areas. It is expected that students will search the literature and suggest/share
relevant findings with faculty and classmates. Some of the activities include: classroom discussion and participation; case studies in-class. It is expected that students will be active participants in the classroom and ANGEL (utilizing MSU e-mail accounts).

**Access to NUR 837 through ANGEL (you will see NUR 823/NUR 853/NUR 837)**

You can access the class by going to http://angel.msu.edu

The course will not open until the 1st day of the full fall semester: **August 31, 2011 @ 0800** (ESDST).

Technical problems with the use of ANGEL should be referred to the ANGEL Help Desk & not emailed to course faculty. The toll free ANGEL help line number is 1/800/500-1554 (North America and Hawaii), and the local campus area number is 1/517/355-2345.

If you have difficulty during a timed assignment, you need to contact the ANGEL Help Desk so a communication log is created. If you do not do this, faculty have no way to determine that you actually experienced problems and you may not be allowed to resubmit your work.

The course will close **December 16, 2011 @ 1700** (5:00 pm, ESDST).

**Evaluation**

- **Class assignments** will be throughout the semester and may include: quizzes, case studies, class participation, discussion, etc.(further information can be found in ANGEL)
- Progress in the course will be discussed individually with each student as needed
- Progress reports and strategies for achievement will be completed for those students not earning 80% at mid-semester

**Examinations:**

- **Quizzes**
  - 5 online during the semester *(parameters will be posted in ANGEL)*
  - Each worth 10 points for a total of 50
- **Midterm**
  - Will reflect evidence-based questions that require application of previously learned material
    - Topics can/will include foundational information from theory, pathophysiology, pharmacology, decision-making, interviewing techniques, epidemiology, etc
  - Conducted on ANGEL
  - More specific information will be posted on ANGEL
- **Final**
  - Will reflect evidence-based questions that require application of previously learned material
    - (see bullet points from midterm)
  - Proctored
    - Student will come to campus to take the examination on December 15th (0800 – 1000)

**On-Campus Lectures:**

- Class attendance is expected
- The participation grade may be affected if individuals do not attend or are late for class on a repeated basis (pattern)
**Grading**

A grade of 3.0 must be achieved in order to pass NUR 837 and progress in the nursing program. The MSU 4.0 grading system will be utilized to report final course grades.

Points will be rounded to whole numbers using the 0.5 rule. Points at ≥ 0.5 will be rounded up while those < 0.5 will be rounded down to the nearest whole number.

There is no opportunity for “extra credit” or “make up work” in this course. Late work will not be accepted.

*The following point scale will be used for final grade determination:*

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<th>LOW</th>
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<td>200</td>
<td>94 – 100</td>
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<td>174</td>
<td>187</td>
<td>87 – 93</td>
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<td>160</td>
<td>173</td>
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<td>119</td>
<td>Below 60</td>
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*Point Determination Will Be As Follows:*

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<tr>
<th>DESCRIPTION</th>
<th>POINTS</th>
<th>#</th>
<th>TOTAL POINTS</th>
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<tbody>
<tr>
<td>Quiz</td>
<td>10</td>
<td>5</td>
<td>50 points</td>
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<tr>
<td>Midterm Examination</td>
<td>50</td>
<td>1</td>
<td>50 points</td>
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<tr>
<td>Final Examination</td>
<td>100</td>
<td>1</td>
<td>100 points</td>
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<td><strong>TOTAL</strong></td>
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<td><strong>200 points</strong></td>
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**Class Attendance**

Class attendance, both on-campus and on-line, is considered the responsibility of the student and is an essential and intrinsic element of the academic process. A student’s absence from class does not relieve him/her from responsibility for punctual fulfillment of any course requirement such as a quiz, examination or written assignment. Faculties are not under any obligation to repeat a test, teaching or information given which was missed because of discretionary absence.

**Communication Devices**

All communication devices, including cell phones, laptops etc, are to be turned off during the entire in-person course time. If you need to be reached for an emergency, you may give the College of Nursing main office number (800) 605-6424 and emergency messages will be delivered to you.

**Professionalism**

Preparation for the professional advanced practice nurse (APN) requires more than the acquisition and application of knowledge. Therefore, in addition to the academic standards listed, the student must demonstrate:
• Appropriate interpersonal relations and communication with peers, faculty and MSU College of Nursing staff
• Respect for faculty and classmates
• Responsible fulfillment of all class obligations
• Honesty and integrity in all academic and professional matters
• The ability to interact with course faculty when there are questions and/or concerns regarding evaluation
• Honesty and integrity is all academic and professional matters

Failure to meet any of the above criteria may result in the student earning a grade of 0.0 for the course.

College of Nursing policies regarding Professional Development Guidelines are found in CON Student Handbooks at the CON website. Students are responsible for the information found in the MSN CON Graduate Student Handbook.

The American Nurses Association (ANA) Code of Ethics must be followed at all times, The Code, with Interpretive Statements, may be found (for viewing only) at http://www.nursingworld.org/ethics/code/protedtec_nwcoe303.htm

Library Information

• Library Services: http://www.lib.msu.edu/services
• MSU Library: http://www.lib.msu.edu
• Proxy Server: to access MSU library resources from an off-campus site, you must set up a proxy server. Directions to set up a proxy server are at: http://msu.edu/viewpathfinder.asp?id=2507

University & College Policies

The College of Nursing expects that students will demonstrate professional behavior in all situations. Specific expectations for clinical and other professional venues can be found in the appropriate handbook. You are responsible for reviewing and acting in accordance with the policies and procedures found in the following sources, including the following topics: Professionalism, Academic Integrity, Accommodations for Students with Disabilities, Disruptive Behavior, Attendance, Compliance, and Progression.

• CON Student handbook  http://nursing.msu.edu/handbooks.asp
• Information for Current Students—including Rights, Responsibilities and Regulations for Students http://www.msu.edu/current/index.html
• Academic Programs http://www.reg.msu.edu/UCC/AcademicPrograms.asp

Academic Integrity

Academic integrity is a minimal expectation of this course. Academic dishonesty in any form will not be tolerated. Any student involved in “suspected” academic dishonesty will be reported to the Office of Student Support Services and the Office of Academic and Clinical Affairs in the College of Nursing. A grade of 0.0 may be issued for the course.

All course materials and activities must remain the property of the College of Nursing and must not be copied from the Internet. According to university policy, consequences for academic dishonesty may include failure of the course, expulsion from the major, or expulsion from the university.
All faculty generated materials are the intellectual property of faculty. You may copy for personal, study only purposes. Faculty materials may not be shared with others without first asking permission of the faculty author.

Online discussions and exercises are confidential and should not be discussed with others who are not enrolled in the class. It is important for each course participant to express his/her ideas. All ideas need to be respected in discussions and exercises. Any “group projects” that are required, still require individual work as a minimal expectation. Any submission that is deemed unprofessional, negative or inflammatory may be deleted by faculty.

Quizzes or the examination should not be entered before you are ready to take them and submit your answers. Other windows should not be open on your computer during the quiz or exam time. It is imperative that when you open the quiz or exam window, you are prepared to answer the questions in the allotted time frame and submit for evaluation. Always clear your cache and cookies prior to entering ANGEL.

No books, notes, individuals, or web surfing can be allowed during quizzes/exams; it will not be tolerated. The ANGEL program is able to track access and opening of additional windows. Please do not be tempted to engage in unethical behavior as it will potentially result in no points being awarded for the work and a potential failure for the course.

For further information you can access any of the following sites:
- Academic Integrity resource at MSU
  http://www.msu.edu/unit/ombud/RegsOrdsPolicies.html
- MSU Spartan Life Student Handbook and Resource Guide
  http://www.vps.msu.edu/SpLife/index.htm
- International Studies and Programs
  http://www.msu.edu/international/index.html

Students are expected to complete all course assignments, including homework, lab work, quizzes, tests and exams, without assistance from any source. You are expected to develop original work for this course; therefore, you may not submit course work you completed for another course to satisfy the requirements for this course. You may not utilize a previous students work or faculty materials and submit as your own.

Students who violate MSU rules may receive a penalty grade, including - but not limited to - a failing grade on the assignment or in the course. Contact the lead faculty for this course if you are unsure about the appropriateness of your course work. See also http://www.msu.edu/unit/ombud/honestylinks.html.

**MSU Academic Integrity Policy**: Article 2.3.3 of the Academic Freedom Report states that "The student shares with the faculty the responsibility for maintaining the integrity of scholarship, grades, and professional standards." In addition, the College of Nursing adheres to the policies on academic honesty as specified in General Student Regulations 1.0, Protection of Scholarship and Grades; the all-University Policy on Integrity of Scholarship and Grades; and Ordinance 17.00, Examinations. (See Spartan Life: Student Handbook and Resource Guide and/or the MSU Web site: www.msu.edu.) Therefore, unless authorized by your instructor, you are expected to complete all course assignments, including homework, lab work, quizzes, tests and exams, without assistance from any source. You are expected to develop original work for this course; therefore, you may not submit course work you completed for another course to satisfy the requirements for this course. Also, you are not authorized to use the ww.allmsu.com web site to complete any course work in NUR 837.

**MSU Attendance Policy**: Students whose names do not appear on the official class list for this course may not attend this class. Students who fail to attend the first four class sessions or class by the fifth day of the semester, whichever occurs first, may be dropped from the course.

**MSU Disruptive Behavior Policy**: Article 2.3.5 of the Academic Freedom Report (AFR) for students at Michigan State University states: "The student's behavior in the classroom shall be conducive to the teaching and learning process for all concerned." Article 2.3.10 of the AFR states that "The student has a right to
scholarly relationships with faculty based on mutual trust and civility." General Student Regulation 5.02 states: "No student shall . . . interfere with the functions and services of the University (for example, but not limited to, classes . . .) such that the function or service is obstructed or disrupted. Students whose conduct adversely affects the learning environment in this classroom may be subject to disciplinary action through the Student Faculty Judiciary process.

Disruption for an on-line course environment includes submissions in the discussion board or weekly chat that are inflammatory, disrespectful or negative. If faculty deem a student’s words to be unacceptable, the submission will be deleted and the student contacted by faculty.

**Access to Faculty**

In a regular classroom setting, faculty are generally available to meet with students before or after class, during scheduled office hours, or if an appointment is made. In a hybrid course setting, faculties are available to answer questions in a different manner. It may take up to 72 hours for faculty to respond to your questions – especially after 5:00 pm (1700), excluding weekends and holidays.

Faculties are not online 24 hours a day, 7 days a week. Expect a reasonable response time for your questions. Do not wait until the last minute to ask an important question – plan ahead!

Generally, faculty will not respond after 1700 (5:00 pm ESDST) on Friday. Please write e-mail in complete sentences; your emails are considered professional communication. Remember, you are not internet messaging to a friend. If you would like to make an appointment to meet face to face, please contact Dr. Keilman.

**Course Calendar & Content**

*Please see page 8*
<table>
<thead>
<tr>
<th>MODULE</th>
<th>DATES</th>
<th>TOPIC/CONTENT</th>
<th>LOCATION &amp; ACTIVITY</th>
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<tbody>
<tr>
<td>1</td>
<td>August 31st – September 11th</td>
<td>· Communicable diseases</td>
<td>On-Campus September 1st 1300 – 1600</td>
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<td>· Hepatitis B, C</td>
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<td>· Chronic abdominal conditions</td>
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<td>2</td>
<td>September 12th – September 25th</td>
<td>· Mental Health Issues</td>
<td>On-Campus September 22nd 1300 - 1600</td>
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<td>· Depression</td>
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<td>· Delirium</td>
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<td>September 26th – October 9th</td>
<td>· Neurological conditions</td>
<td>On-line QUIZ</td>
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<td>· Headache</td>
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<td>4</td>
<td>October 10th – October 16th</td>
<td>· Musculoskeletal conditions</td>
<td>On-line QUIZ</td>
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<td>· Chronic non-malignant pain issues</td>
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<td>Midterm</td>
<td>October 17th – October 20th</td>
<td>*Comprehensive exam over content presented in Modules 1 - 4</td>
<td>On-line MID-TERM</td>
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<td>5</td>
<td>October 21st – October 30th</td>
<td>· Endocrine disorders</td>
<td>On-Campus October 27th 1300 - 1600</td>
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<td>· Diabetes</td>
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<td>· Thyroid disorders</td>
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<td>6</td>
<td>October 31st – November 13th</td>
<td>· Cardiac disorders</td>
<td>On-line QUIZ</td>
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<td>· CAD</td>
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<td>7</td>
<td>November 14th – November 27th</td>
<td>· Pulmonary disorders (chronic)</td>
<td>On-line QUIZ</td>
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<td>· Asthma</td>
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<td>· COPD</td>
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<td>8</td>
<td>November 28th – December 4th</td>
<td>· Older Adult Special Issues</td>
<td>On-line QUIZ</td>
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<td>· Insomnia</td>
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<td>· Failure to thrive</td>
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<td>· Unintentional weight loss</td>
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<td>9</td>
<td>December 5th – December 11th</td>
<td>· Palliative care</td>
<td>On-line</td>
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<td>· Comfort care</td>
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<td>· End of life</td>
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<tr>
<td>Final</td>
<td>December 12th – December 16th</td>
<td><em>Cumulative &amp; comprehensive final exam</em></td>
<td>On-Campus Final Exam December 15th 0800 - 1000</td>
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