Mental Health and Psychiatric Nursing
NUR 370 Sections 001-002-003
C160/C170 Bott Building
Fridays, 12:40 – 2:30 pm;
Room TBD
Clinical Lab
Monday, Tuesday, & Wednesday - Hours TBA, Location TBA
Credit Hours: 4
Fall, 2015

Catalog Course Description: Extension of foundational social science concepts into nursing therapeutics aimed at mental health and the care of person with mental illnesses. Medication and non-medication interventions, group interventions, and therapeutic environments.

Additional Course Description: NUR 370 is an extension of foundational social science concepts into nursing therapeutics aimed at mental health and the care of persons with mental illnesses. Medication and non-medication interventions, group interventions, and therapeutic environments will be studied and demonstrated.

Course Objectives: At the end of this course, students will:
1. Apply intermediate-level communication skills with people experiencing mental health deviations.
2. Critique and value the impact of her/his critical thinking process used in their psychiatric and mental health nursing practice.
3. Interpret data in the delivery of targeted nursing care to person and populations with mental health deviations.
4. Analyze the interactions between individual factors and societal forces on mental health.
5. Analyze and apply theory and data for the care management for mentally ill persons and populations.
6. Evaluate the multidisciplinary roles in the care of persons and populations with mental illness.
7. Analyze ethical issues related to the care of persons and populations with mental illness.
8. Examine theory and research related to the prevention and treatment of mental illness.
9. Analyze the interactions between cultural and socioeconomic factors on mental health.

Prerequisites: NUR 330 and NUR 340 and PHM 350

Co-requisites: NUR 360 concurrently
Standards Documents: The curriculum is guided by the following documents:


Course Faculty:

Faculty: Gretchen Dubes, MSN, RN Course Coordinator
Office: A227 Life Sciences
Hours: By appointment
Email: Gretchen.Gauck@hc.msu.edu
Clinical: Pine Rest, Forest View Grand Rapids & Battle Creek VA

*Note: Times can be arranged to accommodate student schedules.*

Faculty: Doug Olsen, PhD, RN
Office: A102 Life Sciences
Office Hours: By appointment
Email: Douglas.Olsen@hc.msu.edu
Clinical: Allegiance, Jackson

*Note: Times can be arranged to accommodate student schedules.*

Faculty: Karen Rishel, MSN, RN
Email: Karen.Rishel@hc.msu.edu
Clinical: St. Lawrence-Sparrow, Lansing

*Note: Times can be arranged to accommodate student schedules.*

Faculty: Maya Clark, MSN, RN, FNP, BC
Email: Maya.Clark@hc.msu.edu
Clinical: St. Joseph, Ypsilanti

*Note: Times can be arranged to accommodate student schedules.*

Faculty: Marjorie Frank, MSN, RN
Email: Marjorie.Frank@hc.msu.edu
Clinical: St. Mary, Livonia

*Note: Times can be arranged to accommodate student schedules.*

Faculty: Jacqueline Moody, MSN, RN
Email: Jacqueline.Moody@hc.msu.edu
Clinical: Detroit Mercy Medical Center

*Note: Times can be arranged to accommodate student schedules.*
a. Methodology:

NUR 370 is a 4-credit course that includes theoretical, lab, and clinical components. This course introduces the beginning nursing student to the concepts and skills related to mental health and psychiatric nursing across the life span. Two hours per week are designated for theory content. The completion of assigned readings prior to each class is necessary to facilitate comprehension, understanding, and integration of content vital to this course. Students need reliable, high-speed access to the **Desire to Learn (D2L) course management system.** The Desire to Learn (D2L) course management system is also used for handouts, student-student communication and student-professors communication.

Students need reliable, high speed access (cable or DSL) to the Desire to Learn (D2L) help for browsers. Students also need the following programs: Real Player, Macromedia (also called Flash Player) to view simulation lab videos. If you have problems accessing any files on Desire to Learn (D2L), please call the Desire to Learn (D2L) Help Line at 1.800.500.1544 or 517.355.2345 (24/7).

Six hours a week are designated for lab/clinical study. The lab content of the course will be front loaded with the students utilizing clinical time initially in the simulation lab to expand and evaluate interpersonal skills. The clinical practicum will provide immersion with acutely ill adults and children.

b. Writing Requirements: Specific guidelines and evaluation rubrics are available on NUR 370 D2L website and will be used for each evaluated assignment. All written assignments must follow writing style requirements of the American Psychological Association (APA) as outlined in the required APA Publication Manual (6th ed. Second printing) and CON requirements.

c. **Use of laptops, iPads, and other online devices:** Students will no longer have the option of using laptops, IPADs, tablets, smart phones or other electronic online devices during theory classes unless instructed by the faculty member for a specific assignment. Students are encouraged to refrain from printing out the PPT slides. To facilitate note-taking faculty will number each slide enabling students to readily link slides with written notes.

d. Required Texts:


American Nurses Association Electronic Books (E-books)


*Access these e-books through the MSU Libraries Catalog or the Nursing E-book page: [http://libguides.lib.msu.edu/nursingebooks](http://libguides.lib.msu.edu/nursingebooks). These e-books allow unlimited concurrent users.

Optional Texts:


a. Required Resources, References, Supplies

Desire to Learn/Distance Learning and Technology Help Line
1.800.500.1554 (24hrs, 7 days/week)
517.355.2345 (24hrs, 7 days/week)
[http://help.d2l.msu.edu](http://help.d2l.msu.edu)
Always check with help line first!
[http://help.d2l.msu.edu/students/quick-start-guide](http://help.d2l.msu.edu/students/quick-start-guide)

b. Frequently Called Telephone Numbers
Simulation Lab, Life Sciences; 355-5765 (with answering machine)
Media Lab (Andy Greger) Life Sciences, 353-9020
College of Nursing Student Support Services A117 Life Sciences 353-4827.
c. **Level II: Outcomes and Competencies:**

The CON has defined the following competencies that must be achieved by all students in each Level before progressing onto the next Level and graduating. At the end of each Level, all students will achieve the objectives and competencies listed below for that level, as well as the indicators specific to each course. All indicators, as well as the overall grade for a course, must be at 75% passing to proceed onto the next level. Each indicator assignment must be passed at 75%. If 75% is not achieved on the first attempt the student must remediate to a minimum grade of 75%, however the original grade on the assignment will stand.

<table>
<thead>
<tr>
<th>Level II</th>
<th>Level II Outcome</th>
<th>LII Competency</th>
<th>LII Indicator</th>
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<tbody>
<tr>
<td><strong>COMMUNICATION II (COMM)</strong></td>
<td>Competently engage in interpersonal relationships, professional communication, and information management with individuals, families, and health professionals.</td>
<td>1. Demonstrates effective communication skills in nurse-client and professional interactions 2. Demonstrate ability to communicate in writing with a variety of audiences.</td>
<td>NUR 370 Process Recording</td>
</tr>
<tr>
<td><strong>CRITICAL THINKING II (CT)</strong></td>
<td>Demonstrate the use of critical thinking processes in nursing practice.</td>
<td>1. Demonstrates ability to compare and contrast textbook and relevant literature concerning selected patient issue (disease management, risk reduction, health promotion, health teaching) with patient assignment. 2. Takes initiative to plan creatively to meet patient goals.</td>
<td>NUR 360 Concept Map</td>
</tr>
<tr>
<td><strong>NURSING THERAPEUTICS II (NT)</strong></td>
<td>Interpret data to safely delivery targeted nursing care to individuals, and groups.</td>
<td>1. Obtains a focused assessment by gathering and using data from a variety of sources to identify and prioritize nursing needs. 2. Apply theoretical and evidence principles to develop, implement, and evaluate an individualized, prioritized plan of care.</td>
<td>NUR 360 Concept Map NUR 360 Med Math</td>
</tr>
<tr>
<td><strong>HEALTH PROMOTION AND RISK REDUCTION II</strong></td>
<td>Apply concepts and theories to develop health promotion plans for vulnerable population.</td>
<td>1. Compare and contrast major health indicators in cultural/ethnic groups</td>
<td>NUR 370 Interview Vulnerable Population/Concept Map</td>
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<tr>
<td>Course Title</td>
<td>Description</td>
<td>Objectives</td>
<td>Assignments</td>
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<tr>
<td>ILLNESS AND DISEASE MANAGEMENT II (IDM)</td>
<td>Demonstrate understanding of theories and principles of high quality, safe and efficient management of illness and disease to nursing care for individuals, and groups.</td>
<td>1. Based on desired outcomes, determines care management needs of the individual (i.e. clinical pathways). 2. Identify a variety of barriers and resources that affect client outcomes and delivery of care.</td>
<td>NUR 370 Interview Vulnerable Population/Concept Map</td>
</tr>
<tr>
<td>PROFESSIONAL LEADERSHIP II (PL)</td>
<td>Apply theories and concepts to demonstrate leadership in the delivery of nursing care to individuals and groups in varied care settings.</td>
<td>1. Examine how nursing leadership roles and strategies affect health care quality 2. Collaborate with multiple disciplines in providing client care.</td>
<td>NUR 370 Case problem identification and characterization of an ethical problem within clinical practice</td>
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<tr>
<td>ETHICAL PRACTICE II (EP)</td>
<td>Apply principles of ethical decision-making in their nursing practice.</td>
<td>1. Accurately identify and characterize ethical problems arising in the care of clients 2. Identify barriers to and resolutions for client self-determination</td>
<td>NUR 370 Case problem identification and characterization of an ethical problem within clinical practice</td>
</tr>
<tr>
<td>EVIDENCE-BASED PRACTICE II (EBP)</td>
<td>Use research evidence, theory and patient preference in planning nursing care.</td>
<td>1. Formulates and manages nursing interventions that are based on theory and research.</td>
<td>NUR 360 Evidence Practice Project NUR 360 Concept Map</td>
</tr>
<tr>
<td>GLOBAL AND CULTURAL COMPETENCE II (GCC)</td>
<td>Identifies global, cultural societal and policy factors on the health and wellness of individuals and groups.</td>
<td>1. Analyze the importance of global and cultural factors on perception of health and illness 2. Implement nursing interventions that reflect understanding of diversity</td>
<td>NUR 370 Interview Vulnerable Population/Concept Map</td>
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Evaluation:

a. Learning Assessments and Grading:

**A student must achieve a minimum grade of 75% in order to pass the course.** The grade will be based on 3 exams and 4 graded assignments. Student must receive a “Pass” grade in all clinical performance behaviors in order to pass the course. A “Fail” grade in clinical performance will result in a grade point of 0.0 for the course. If a student fails to make a grade of 75% or 2.0 on clinical assignments, or exams, a grade point of 0.0 will be assigned for the course. Attendance is not taken in class but is strongly encouraged. Students who do not attend class miss out on classroom assignments and generally do not do as well on the exams.

Faculty reserves the right to dismiss a student from clinical areas if the student is too ill, unprepared or deemed to be a risk to patient safety. Students who are late to clinical are considered a risk to patient safety. Dismissal from clinical for any reason, excluding illness is deemed unexcused, thus carrying the requisite grade consequences as described in the course syllabus. Any student deemed **unsafe** will not pass the course and will receive a grade point of 0.0.

Completion of the ATI RN Mental Health Proctored Assessment is required. An additional 2% will be awarded if a level 2 is achieved on the ATI RN Mental Health Proctored Assessment.

Three exams will consist of NCLEX-style questions which test students’ abilities to apply theory to case situations. **Material tested in the exams will be drawn from both assigned readings and lectures** – there will be content in the readings that are not in the lectures and content in lectures that is not in the readings – students will be tested on both. Class time will be given for the exams.

<table>
<thead>
<tr>
<th>Evaluation Activities</th>
<th>Percent of final grade</th>
</tr>
</thead>
<tbody>
<tr>
<td>Exam 1</td>
<td>18%</td>
</tr>
<tr>
<td>Exam 2</td>
<td>18%</td>
</tr>
<tr>
<td>Exam 3</td>
<td>18%</td>
</tr>
<tr>
<td>1 Nursing Care Plan</td>
<td>15%</td>
</tr>
<tr>
<td>1 Process Recording</td>
<td>15%</td>
</tr>
<tr>
<td>Ethics Detective Post-Conference Report</td>
<td>6%</td>
</tr>
<tr>
<td>Vulnerable Populations Concept Map and Summary Report</td>
<td>10%</td>
</tr>
<tr>
<td>Educational Group</td>
<td>Pass</td>
</tr>
<tr>
<td>3 weekly Worksheets</td>
<td>Pass</td>
</tr>
<tr>
<td>Clinical Performance Evaluation Tool</td>
<td>Pass</td>
</tr>
<tr>
<td>Simulation Lab Self-Reflective Exercise</td>
<td>Pass</td>
</tr>
<tr>
<td>ATI RN Mental Health (Proctored Assessment)</td>
<td><strong>Bonus 2%</strong></td>
</tr>
</tbody>
</table>

****The ATI RN Mental Health Proctored Assessment is scheduled for DEC-11-2015 from 12:40-2:30 pm  Attendance is mandatory****
Each student must successfully complete **ALL** pass-fail experiences to pass the course. These experiences include an Educational Group, 3 weekly worksheets and a simulation lab self-reflective exercise. In addition, the clinical performance evaluation tool will be used to evaluate overall clinical performance and is Pass/Fail.

**Assignments are expected to be turned in to the clinical instructor on the due date.** PLEASE NOTE~ late assignments if accepted at all will carry a 2 point penalty each day that it is late and will be at the discretion of clinical faculty. Student and clinical faculty will fill out a late assignment form to be signed by student and faculty with a given due date assigned.

b. Course Grading Scale: The standard College of Nursing grading scale will be utilized.

<table>
<thead>
<tr>
<th>%</th>
<th>GRADE</th>
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<tbody>
<tr>
<td>94-100 %</td>
<td>4.0</td>
</tr>
<tr>
<td>89-93.99%</td>
<td>3.5</td>
</tr>
<tr>
<td>84-88.99%</td>
<td>3.0</td>
</tr>
<tr>
<td>79-83.99%</td>
<td>2.5</td>
</tr>
<tr>
<td>75%-78.99%</td>
<td>2.0</td>
</tr>
<tr>
<td>70%-74.99</td>
<td>1.5</td>
</tr>
<tr>
<td>65%-69.99%</td>
<td>1.0</td>
</tr>
<tr>
<td>&lt;65%</td>
<td>0.0</td>
</tr>
</tbody>
</table>

CON does not round Course Grades. (eg.93.9%=93% =3.5)

*For specific information regarding grading related to student progression through the curriculum, please reference the “Progression through the Major Policies” section of the Baccalaureate Student Handbook.

**Proctor Process:** Refer to the BSN Student Handbook regarding CON Proctored Exam Policy.

**Examinations**

Tardiness: If a student is late, he/she will only be allowed the allotted time remaining to complete the exam.

Absences: Students must notify course faculty of any absence prior to the start of the exam

**Excused Absence**

a. Absence from an exam may be excused for such reasons as a family death, serious family illness, court mandated appearance, and personal illness (requiring HCP documentation).
b. Any absence must have appropriate documentation in order to be excused. Course faculty will make the determination of whether an absence is excused if it meets the above criteria.

Unexcused Absence

a. No make-up exam will be scheduled. Student will receive a zero grade.

Make-Up Exams (for excused absences only)

a. Students must contact the faculty member to schedule the make-up examination. The exam must be made-up within 1 week of the original examination date; any extension beyond 1 week is at the discretion of faculty and would only occur in the event of extraordinary circumstances. Faculty will determine the date and time of the make-up exam.

b. Make-up exams may differ from the original exam and include, for example, essay, short answer, matching, and true/false type questions.

Examinations

Examinations will be given during course periods. Students are expected to read and know the procedure guidelines for examinations along with the ATI Policy. This information will be posted on the D2L website. The final exam is scheduled for DEC-17 from 12:45-2:45 PM.

Professionalism: Required Professional Behaviors - You must be familiar with the standards set by the MSU CON. The College of Nursing expects that students will demonstrate professional behavior in all situations. Specific expectations for clinical and other professional venues can be found in the appropriate handbook. It is important for each student to conduct themselves professionally for both clinical and classroom setting. You are responsible to be respectful of your peers and instructor during classroom and clinical. Please be respectful of your agencies policy regarding the use of cell phones. Some clinical agencies ask that students refrain from using cell phones during clinical. There will be hard copy desk references available for students to use specifically regarding drug information and care plan books. If you are ill or late for clinical please notify your instructor by phone. Each clinical instructor will provide contact information to be used by each student. Dress code for nursing 370 clinical requires that you wear your MSU button down polo shirt with agency ID badge clearly visible. Business casual pants are to be worn. No jeans, stretchy yoga pants, hoodies or open toe shoes are to be worn.
Immunization and CON COMPLIANCE:

Clinical Course Compliance Requirements

All Michigan State University College of Nursing (CON) Undergraduate Nursing Students are required to be in compliance with all health/immunization requirements, criminal background checks, BLS certification, blood borne pathogen training, HIPAA training, and any other agency specific requirement while in the nursing program (Refer to BSN Handbook for detailed policy and procedures).

Students will be considered out of compliance if a designated immunization or other item required to be submitted to the University Physician’s Office, Office of Student Support Services, ACEMAPP, or other agency is not updated by the designated deadline.

Students enrolled in clinical nursing courses who are out of compliance will receive a 1% reduction to the overall course grade which will be applied at the end of the semester for each item out of compliance during the course. If an item is not brought into compliance within 1 week an additional 1% reduction will be taken for each week the student is out of compliance.

Additionally, students enrolled in clinical courses who are identified as out of compliance will not be permitted to attend clinical until documentation has been submitted to the correct compliance monitoring office. Clinical absences that result from out of compliance status may affect the ability of the student to successfully meet clinical course objectives, which may result in course failure.

Nursing is a professional program and attendance is an expectation.

ATTENDANCE AT CLINICAL ORIENTATION IS REQUIRED. If you are unable to attend related to an emergency or serious illness, notification of the clinical instructor must be made prior to the clinical experience time. Failure to assume responsibility and accountability for clinical attendance will result in the student being individually counseled and reported to the Course Chair and Office of Student Affairs. Excessive absence and/or tardiness, or a perceived pattern of absences or tardiness, may result in a 0.0 being awarded for the course. If a message is left on voice mail or an answering machine, it is the students’ responsibility to follow up the recorded message with a personal conversation within 48 hours. Attendance for clinical practicum is required. Make-up clinical hours will be scheduled for DEC-7, 8 or 9. You must schedule make-up clinical hours with your assigned clinical faculty prior to your make-up clinical day.

Communication

E-Mail:

All students are expected to check their e-mail. Student paperwork will be returned on a timely basis and handed back in lecture or clinical setting. E-mail is for the sole purpose of conveying constructive, positive course and nursing information ONLY and is a privilege. Any student utilizing this service to convey personal opinion, pass on chain letters, or advertising unauthorized statements will be reported to the Director of the Office of Student Affairs and the Associate Dean for Academic Affairs and will be dealt with on an individual basis. Inappropriate use may result in the individual being removed from the class list and any other actions determined necessary by the Course Chairperson and College of Nursing administrators.
Honors Option: Honors option projects are available for students. Please contact your clinical instructor for further instruction.

University & College Policies:

The College of Nursing expects that students will demonstrate professional behavior in all situations. Specific expectations for clinical and other professional venues can be found in the appropriate handbook. You are responsible for reviewing and acting in accordance with the policies and procedures found in the following sources, including the following topics: Professionalism, Academic Integrity, Accommodations for Students with Disabilities, Disruptive Behavior, Attendance, Compliance, and Progression.

- CON BSN Student Handbook: http://nursing.msu.edu/BSN%20Programs/Handbooks/default.htm
- Information for MSU Students: http://www.msu.edu/current/index.html
- Academic Programs: http://www.reg.msu.edu/AcademicPrograms
- Code of Teaching Responsibility and Student Assessments and Final Grades: http://www.reg.msu.edu/AcademicPrograms/Print.asp?Section=514
- Integrity of Scholarship and Grades: http://www.reg.msu.edu/AcademicPrograms/Print.asp?Section=534

University Policies:

Academic integrity: Article 2.3.3 of the Academic Freedom Report states that "The student shares with the faculty the responsibility for maintaining the integrity of scholarship, grades, and professional standards." In addition, the College adheres to the policies on academic honesty as specified in General Student Regulations 1.0, Protection of Scholarship and Grades; the all-University Policy on Integrity of Scholarship and Grades; and Ordinance 17.00, Examinations. (See Spartan Life: Student Handbook and Resource Guide http://splife.studentlife.msu.edu/ and/or the MSU Web site: www.msu.edu). Therefore, unless authorized by your instructor, you are expected to complete all course assignments, including homework, lab work, quizzes, tests and exams, without assistance from any source. You are expected to develop original work for this course; therefore, you may not submit course work you completed for another course to satisfy the requirements for this course. Also, you are not authorized to use www.allmsu.com. Students who violate MSU rules may receive a penalty grade, including--but not limited to--a failing grade on the assignment or in the course. Contact your instructor if you are unsure about the appropriateness of your course work. (See also https://www.msu.edu/unit/ombud/academic-integrity/index.html#regulations

Accommodations for students with disabilities: Students with disabilities should contact the Resource Center for Persons with Disabilities to establish reasonable accommodations. For an appointment with a disability specialist, call 353-9642 (voice), 355-1293 (TTY), or visit MyProfile.rcpd.msu.edu

Disruptive behavior: Article 2.3.5 of the Academic Freedom Report (AFR) for students at Michigan State University states: "The student's behavior in the classroom shall be conducive to the teaching and learning process for all concerned." Article 2.3.10 of the AFR states that "The student has a right to scholarly relationships with faculty based on mutual trust and civility." General Student Regulation 5.02 states: "No student shall . . . interfere with the functions and services of the
University (for example, but not limited to, classes . . .) such that the function or service is obstructed or disrupted. Students whose conduct adversely affects the learning environment in this classroom may be subject to disciplinary action through the Student Faculty Judiciary process.

**Attendance:** Students whose names do not appear on the official class list for this course may not attend this class. Students who fail to attend the first four class sessions or class by the fifth day of the semester, whichever occurs first, may be dropped from the course. Attendance is not taken in class but is strongly encouraged. Students who do not attend class miss out on classroom assignments and generally do not do as well on the exams.

**College of Nursing Policies:** Professional Development Guidelines found in CON Student Handbooks at CON website [http://nursing.msu.edu/BSN%20Programs/Handbooks/default.htm](http://nursing.msu.edu/BSN%20Programs/Handbooks/default.htm). Students are responsible for the information found in the CON (BSN, MSU or PhD choose one) Student Handbook.