Health Promotion for the BSN
NUR336 section 734
Online
4 Credit Hours
Spring 2016

I. Catalog Course Description: Health promotion and risk reduction of individuals across the lifespan in the context of their families and environments including those from diverse and vulnerable populations.

II. Course Objectives:
1. Competently engage in interpersonal relationships with persons and families to facilitate their achievement of health promotion and risk reduction goals.
2. Skillfully facilitate adoption of values and behaviors of persons and families that will achieve and/or maintain an optimal level of health and wellness.
3. Apply research evidence, clinical expertise, and patient/family preferences and values in planning care that promotes health and wellness.
4. Investigate the relevance of global, cultural and socioeconomic factors on health and wellness.

III. Additional Course Detail: This 4-credit course focuses on health promotion, disease prevention, risk reduction and behavior change for an individual across the lifespan. Ten (10) content areas will be presented and applied to a specific health risk factor/topic for an individual within a population of interest, identified by the student. Interventions and implications for nursing, related to the identified health risk factor, individual and population of interest will be threaded throughout the semester. A synthesis project, completed in stages, will integrate the course content areas and motivational interviewing concepts for the population of interest selected.

IV. Prerequisites: Prior NUR major required courses

V. Co-requisites: NUR 355

VI. Standards Documents: The curriculum is guided by the following documents:

[http://www.aacn.nche.edu/education-resources/BaccEssentials08.pdf](http://www.aacn.nche.edu/education-resources/BaccEssentials08.pdf)


American Nurses Association (2015). *Nursing’s social policy statement: The essence of the profession* (3rd ed.).
VII. Course Faculty:

Kathy Forrest, MSN, MA, RN
1355 Bogue St; A103 Life Sciences
Michigan State University
East Lansing MI 48825
517-432-0393
kathy.forrest@hc.msu.edu
Office hours: Monday – Friday – 8:00 am – 5:00 pm by appointment.

E-mail Communication: Email communication for this course is preferred when possible. Instructors will use the D2L class list to email specific students throughout the course as needed. Students may email the instructor using the address in the syllabus or by using the D2L class list email function. Faculty response to your questions will be within 24 hours between 8am and 5pm, as a general rule.

VIII. Instruction:

a. Methodology: Theoretical content is offered using a variety of methods, including but not limited to on-line learning modules, assigned readings from text, journal articles, and selected websites. A variety of writing assignments, asynchronous discussion forums facilitated by course faculty members, and quizzes will be utilized to evaluate student learning of content in this course.

b. Writing Requirements: The quality of work submitted is expected to be consistent with an upper division college student (i.e. more scholarly and rigorous than a freshman or sophomore level paper). All papers, unless otherwise noted in the lesson, are expected to follow APA format including the use of a title page, running head and page numbers, formatting of the body of the paper and reference citation, and a reference page. Assignments will be graded using the rubrics provided. It is also expected that students shall submit content and work that is their own and not that of someone else. Please see University policies on academic integrity.

Written assignments include a variety of short papers, a summative reflective journal and discussion forums related to course objectives. All assignments including participation in discussion forums must be submitted in order to complete the course. All indicator assignments must be completed with a passing score in order to pass the course. Rubrics for all assignments and discussion forums can be found in D2L.

c. Required Texts:


d. Optional Texts: none
IX. American Nurses Association Electronic Books (E-books)


*Access these e-books through the MSU Libraries Catalog or the Nursing E-book page: [http://libguides.lib.msu.edu/nursingebooks](http://libguides.lib.msu.edu/nursingebooks). These e-books allow unlimited concurrent users.

X. Other Required Resources, References, Supplies:

**Desire2Learn Helpline**
1.800.500.1554 (24 hrs, 7 days/week)
517.355.2345 (24 hrs, 7 days/week)
www.d2l.msu.edu (D2L Help link in upper right corner)
http://help.d2l.msu.edu/
Always check with the Help Line first!
http://help.d2l.msu.edu/students/quick-start-guide

**Frequently Called Telephone Numbers**
Simulation Lab, Life Sciences; 355-5765 (with answering machine)
Media Lab (Andy Greger) Life Sciences, 353-9020
College of Nursing Office of Student Support Services C120 Bott Building 353-4827.
DMC – College of Osteopathic Medicine, 4707 St Antoine St, Detroit, MI 48201/517-884-9674.

XI. Evaluations:

a) Learning Assessment and Grading

b) Rubrics for all assignments and discussion forums can be found in D2L. The course indicator (Synthesis Project) must be passed at 75% to pass the course. All assignments must be completed to pass the course.

<table>
<thead>
<tr>
<th>GRADED ASSIGNMENTS</th>
<th>WEIGHT (% of grade)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Introduction ZOOM</td>
<td>5</td>
</tr>
<tr>
<td>Quiz/Test (2)</td>
<td>30</td>
</tr>
<tr>
<td>Quiz 1 (mid-semester)</td>
<td>15%</td>
</tr>
<tr>
<td>Quiz 2 (end-semester)</td>
<td>15%</td>
</tr>
<tr>
<td>Discussion Forum (DF) (7)</td>
<td>35</td>
</tr>
<tr>
<td>Determinants of Health/Disparities</td>
<td>5%</td>
</tr>
<tr>
<td>Integrative therapies</td>
<td>5%</td>
</tr>
<tr>
<td>Motivational Interviewing</td>
<td>5%</td>
</tr>
<tr>
<td>Synthesis Project Share</td>
<td>5%</td>
</tr>
<tr>
<td>Synthesis Project (SP) Peer Review 1</td>
<td>5%</td>
</tr>
<tr>
<td>Synthesis Project (SP) Peer Review 2</td>
<td>5%</td>
</tr>
</tbody>
</table>
c) Course Grading Scale: The standard College of Nursing grading scale will be utilized.

<table>
<thead>
<tr>
<th>%</th>
<th>GRADE</th>
</tr>
</thead>
<tbody>
<tr>
<td>94-100 %</td>
<td>4.0</td>
</tr>
<tr>
<td>89-93.99%</td>
<td>3.5</td>
</tr>
<tr>
<td>84-88.99%</td>
<td>3.0</td>
</tr>
<tr>
<td>79-83.99%</td>
<td>2.5</td>
</tr>
<tr>
<td>75%-78.99%</td>
<td>2.0</td>
</tr>
<tr>
<td>(Minimum passing grade)</td>
<td></td>
</tr>
<tr>
<td>70%-74.99</td>
<td>1.5</td>
</tr>
<tr>
<td>65%-69.99%</td>
<td>1.0</td>
</tr>
<tr>
<td>&lt;65%</td>
<td>0.0</td>
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</tbody>
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*For specific information regarding grading related to student progression through the curriculum, please reference the “Progression through the Major Policies” section of the Baccalaureate Student Handbook. Grades are not rounded.

XII. Examinations

a. Tardiness: If a student is late, he/she will only be allowed the allotted time remaining to complete the exam.

b. Absences: Students must notify course faculty of any absence prior to the start of the exam.

c. Excused Absence: Absence from an exam may be excused for such reasons as a family death, serious family illness, court mandated appearance, and personal illness (requiring HCP documentation). Excused absences must have appropriate documentation in order to be excused. Course faculty will make the determination of whether an absence is excused if it meets the above criteria.

d. Unexcused Absence. No make-up exam will be scheduled. Student will receive a zero grade.

e. Make-Up Exams (for excused absences only)

   a. Students must contact the faculty member to schedule the make-up examination. The exam must be made-up within 1 week of the original examination date; any extension beyond 1 week is at the discretion of faculty and would only occur in the event of extraordinary circumstances. Faculty will determine the date and time of the make-up exam.

   b. Make-up exams may differ from the original exam and include, for example, essay, short answer, matching, and true/false type questions.
XIII. Grief Policy:

The faculty and staff should be sensitive to and accommodate the bereavement process of a student who has lost a family member or who is experiencing emotional distress from a similar tragedy so that the student is not academically disadvantaged in his/her classes. It is the responsibility of the student to: a) notify the Associate Dean by completing the grief absence request form [https://reg.msu.edu/StuForms/Stuinfo/GriefAbsenceForm.aspx]; b) complete all missed work as determined by the instructor. It is the responsibility of the Associate Dean or designee to: a) determine with the student the expected period of absence – it is expected that some bereavement processes may be more extensive than others depending on individual circumstances, b) notify the faculty that the student will be absent, and c) receive verification of the authenticity of a grief absence request upon the student’s return. It is the responsibility of the instructor to work with the student to: a) make reasonable accommodations and b) to include appropriate language describing such accommodations in their course syllabus, so that the student is not penalized due to a verified grief absence. Students who believe their rights under this policy have been violated should contact the University Ombudsperson.

XIV. Honors Option: Refer to the BSN Student Handbook for CON Policy related to Honors Options in Nursing Courses.

XV. Professionalism:

Professionalism: Students are expected to apply professional standards to all behavior related to the course, including communications with faculty, peers and community members. On Line discussions and exercises are confidential and should not be discussed with others who are not enrolled in the class. It is important for each course participant to express his or her ideas freely. Respect for faculty and other students includes turning in assignments on time. A 5% penalty for each 24 hours of late submissions will be taken.

Since discussion in an asynchronous environment takes place over time it is expected that students will be checking in -- and participating -- several times during the week. This is extremely important for meaningful discussion to continue and our learning community to thrive. See the discussion forum rubric for more information regarding expected participation in course discussion forums.

Quizzes in NUR 336 are considered a formative evaluation tool. Students will have one week to complete the quiz that will be timed according to the number of questions included. Students are allowed to use course material, yet the expectation is that students will be prepared in advance to begin the timed quiz. Students will be allowed one attempt on each quiz and are expected to complete the quiz individually, not as a group.

A course calendar will be posted in the D2L NUR 336 site. Any updates or changes to the calendar or syllabus will be noted in D2L announcement and through email. Students are responsible for adhering to any changes to the calendar or syllabus. It is the student’s responsibility to contact the faculty as soon as possible if difficulty in meeting assignment due date(s) occur. If faculty are not contacted prior to the assignment due date (by phone or email), the faculty reserves the right to assign a penalty late grade of “0”, or deduct a penalty percentage from the total score earned on the assignment. This applies to all course assignments (drop boxes, discussion forums and quizzes).
Technical problems:
Students who experience technical difficulties should notify the D2L help desk immediately in an attempt to resolve the problems. If the difficulty impacts or may impact the timely submission of required course work, the faculty is also to be notified via email or phone to discuss options prior to the submission deadline. If the problem has not been reported to the D2L help desk, no extension will be granted. Students are expected to plan ahead, and have back-up technology plans in place to assure that all assignments are submitted on time.

Lectures, quizzes and examinations must remain the property of the College of Nursing and must not be copied from the Internet for use with others. Any quiz or exam should not be printed or copied. Printing or reproducing an exam or quiz will be considered academic dishonesty. According to university policy, consequences for academic dishonesty may include failure of the course, expulsion from the major, or expulsion from the university. You are advised to complete and submit your own work. Any quizzes or exams in the College of Nursing are NOT group projects and must not be shared with other students in any way.

XVI. Clinical Course Compliance Requirements

All Michigan State University College of Nursing (CON) Undergraduate Nursing Students are required to be in compliance with all health/immunization requirements, criminal background checks, BLS certification, blood borne pathogen training, HIPAA training, and any other agency specific requirement while in the nursing program (Refer to BSN Handbook for detailed policy and procedures).

Students will be considered out of compliance if a designated immunization or other item required to be submitted to the University Physician’s Office, Office of Student Support Services, ACEMAPP, or other agency is not updated by the designated deadline.

Students enrolled in clinical nursing courses who are out of compliance will receive a 1% reduction to the overall course grade which will be applied at the end of the semester for each item out of compliance during the course. If an item is not brought into compliance within 1 week an additional 1% reduction will be taken for each week the student is out of compliance.

Additionally, students enrolled in clinical courses who are identified as out of compliance will not be permitted to attend clinical until documentation has been submitted to the correct compliance monitoring office. Clinical absences that result from out of compliance status may affect the ability of the student to successfully meet clinical course objectives, which may result in course failure.

XVII. University & College Policies:

The College of Nursing expects that students will demonstrate professional behavior in all situations. Specific expectations for clinical and other professional venues can be found in the appropriate handbook. You are responsible for reviewing and acting in accordance with the policies and procedures found in the following sources, including the following topics: Professionalism, Academic Integrity, Accommodations for Students with Disabilities, Disruptive Behavior, Attendance, Compliance, and Progression.
XVIII. University & College Policies:

Academic integrity:

Article 2.3.3 of the Academic Freedom Report states that "The student shares with the faculty the responsibility for maintaining the integrity of scholarship, grades, and professional standards." In addition, the College adheres to the policies on academic honesty as specified in General Student Regulations 1.0, Protection of Scholarship and Grades; the all-University Policy on Integrity of Scholarship and Grades; and Ordinance 17.00, Examinations. (See Spartan Life: Student Handbook and Resource Guide http://splife.studentlife.msu.edu/ and/or the MSU Web site: www.msu.edu). Therefore, unless authorized by your instructor, you are expected to complete all course assignments, including homework, lab work, quizzes, tests and exams, without assistance from any source. You are expected to develop original work for this course; therefore, you may not submit course work you completed for another course to satisfy the requirements for this course. Also, you are not authorized to use www.allmsu.com. Students who violate MSU rules may receive a penalty grade, including -- but not limited to -- a failing grade on the assignment or in the course. Contact your instructor if you are unsure about the appropriateness of your course work. (See also https://www.msu.edu/unit/ombud/academic-integrity/index.html#regulations

XIX. Accommodations for students with disabilities:

Students with disabilities should contact the Resource Center for Persons with Disabilities to establish reasonable accommodations. For an appointment with a disability specialist, call 353-9642 (voice), 355-1293 (TTY), or visit MyProfile.rcpd.msu.edu.

XX. Disruptive behavior:

Article 2.3.5 of the Academic Freedom Report (AFR) for students at Michigan State University states: "The student's behavior in the classroom shall be conducive to the teaching and learning process for all concerned." Article 2.3.10 of the AFR states that "The student has a right to scholarly relationships with faculty based on mutual trust and civility." General Student Regulation 5.02 states: "No student shall . . . interfere with the functions and services of the University (for example, but not limited to, classes . . .) such that the function or service is obstructed or disrupted. Students whose conduct adversely affects the learning environment in this classroom may be subject to disciplinary action through the Student Faculty Judiciary process.
XXI. Attendance:

Students whose names do not appear on the official class list for this course may not attend this class. Students who fail to attend the first four class sessions or class by the fifth day of the semester, whichever occurs first, may be dropped from the course. See the Ombudsman’s web site for a discussion of student observance of major religious holidays, student-athlete participation in athletic competition, student participation in university-approved field trips, medical excuses and a dean's drop for students who fail to attend class sessions at the beginning of the semester.

**College of Nursing Policies:** Professional Development Guidelines found in CON Student Handbooks at CON website [http://nursing.msu.edu/BSN%20Programs/Handbooks/default.htm](http://nursing.msu.edu/BSN%20Programs/Handbooks/default.htm). Students are responsible for the information found in the CON BSN Student Handbook.

XXII. College of Nursing Policies:

Professional Development Guidelines found in CON Student Handbooks at CON website [http://nursing.msu.edu/BSN%20Programs/Handbooks/default.htm](http://nursing.msu.edu/BSN%20Programs/Handbooks/default.htm). Students are responsible for the information found in the CON (BSN, MSU or PhD choose one) Student Handbook.

XXIII. Course Calendar:

Please refer to separate Course Calendar document.